Established in 1974

The Faculty of Massage

Overview
Offering massage courses since 1974, the AIAS has developed a reputation as one of Australia’s premier providers of massage courses. Graduates work as:
- remedial massage therapists
- sports massage specialists
- kinesiologists
- specialists in child or aged care massage
- well-being therapists

Our Clinic
The AIAS massage therapy clinics include the state-of-the-art facilities needed in the practice of remedial massage.

On-campus students are able to practice hand-on skills in massage techniques within a real clinic environment.

Off-campus students may attend optional block training sessions to practice the skills they have developed.

Accreditation and Recognition
All of our massage therapy courses are from the HLT07 Health Training Package. These are developed in conjunction with the industry and endorsed by the National Skills Standards Council, so graduates can be sure they have the skills needed to enter this exciting field.

Graduates of the AIAS massage courses may be eligible to apply for membership with one or more of the industry’s professional associations.

aias.edu.au/massage
Certificate IV in Massage Therapy Practice  
Campus: Brisbane, Melbourne or Online
Duration: 48 weeks (Full-time or equivalent part-time)

If you are looking to launch your career as a massage therapist, this course provides the knowledge, skills and practical experience you need to start your own practice or work in a range of different environments, including spas, salons, hospitals and community health centres.

Where will it take me?: You will have the skills required to be self-employed or to work within a larger health service, an arts centre or a community centre. You will also be able to provide massage therapy for specific needs such as palliative care, aged care and women and children.

Diploma of Remedial Massage  
Campus: Brisbane, Melbourne or Online
Duration: 48 weeks (Full-time or equivalent part-time)

If you have completed a Certificate IV in Massage Therapy Practice (or equivalent), this Diploma will provide you with the advanced skills required to work effectively as a remedial massage therapist in a range of environments, including spas, health spas and hospitals.

Where will it take me?: You will have the skills required to be self-employed or to work within a larger health service, an arts centre or a community centre. You will also be able to provide massage therapy for specific needs such as palliative care, aged care and women and children.

Reflexology  
Campus: Brisbane, Melbourne or Online
Duration: 48 weeks (Full-time or equivalent part-time)

If you have completed a Certificate IV in Massage Therapy Practice (or equivalent), this Diploma will provide you with the advanced skills required to work effectively as a reflexologist in a range of environments, including spas, health spas and hospitals.

Where will it take me?: You will have the skills required to be self-employed or to work within a larger health service, an arts centre or a community centre. You will also be able to provide massage therapy for specific needs such as palliative care, aged care and women and children.

Kinesiology  
Campus: Brisbane, Melbourne or Online
Duration: 48 weeks (Full-time or equivalent part-time)

If you have completed a Certificate IV in Kinesiology (or equivalent), this Diploma will provide you with the advanced skills required to work effectively as a kinesiologist in a range of environments, including hospitals, health spas and community health centres.

Where will it take me?: You will have the skills required to be self-employed or to work within a larger health service, an arts centre or a community centre. You will also be able to provide massage therapy for specific needs such as palliative care, aged care and women and children.

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Certificate IV in Massage Therapy Practice  
Campus: Brisbane, Melbourne or Online
Duration: 24 weeks (Full-time or equivalent part-time)

This qualification will give you the education and training to successfully launch your career in Shiatsu and Oriental Therapies. There are no prerequisites for entry; however, a basic level of physical fitness and flexibility is recommended.

Where will it take me?: Graduates will be competent in Shiatsu Therapy and can link these skills to the wider Oriental Therapies framework. You can expect to embark on successful career as a Shiatsu Practitioner. This course can also be used as a stepping stone to further study at Diploma and Advanced Diploma level.

Diploma of Shiatsu & Oriental Therapies  
Campus: Brisbane, Melbourne or Online
Duration: 48 weeks (Full-time or equivalent part-time)

This qualification will give you the education and training to successfully launch your career as a Shiatsu Practitioner, with a focus on traditional Chinese medicine. Graduates will have advanced skills in this specialised area.

Where will it take me?: Graduates will be competent in Shiatsu Therapy and can link these skills to the wider Oriental Therapies framework. You can expect to embark on successful career as a Shiatsu Practitioner. This course can also be used as a stepping stone to further study at Diploma and Advanced Diploma level.

Diploma of Reflexology  
Campus: Brisbane, Melbourne or Online
Duration: 48 weeks (Full-time or equivalent part-time)

This qualification will give you the education and training to successfully launch your career as a reflexologist. Graduates will have advanced skills in this specialised area.

Where will it take me?: Graduates will be competent in reflexology practice and you will be expected to have advanced skills in this specialised area. You might go on to be self-employed as an independent practitioner, work within a larger health service or be involved in undertaking research activities. The qualification covers the provision of kinesiology balances to clients with specific needs such as palliative care, aged care, and women and children.