Overview
The AIAS is one of Australia’s leading training providers in the areas of naturopathy, nutritional and natural medicine, with almost 40 years of experience in these areas.
Our graduates work as:
- naturopaths
- nutritionists
- herbalists
- aromatherapists

Our Clinic
Natural Therapy courses focus on the practical side of Natural Therapy, as well as ensuring that you understand the important underlying theory. The AIAS campus clinics are open to the public so you will be able to receive hands-on practice to build your skills with real clients. These state-of-the-art clinics offer a wide variety of affordable health care treatments. The high standard of these clinics is recognised; for example: the Brisbane Clinic is approved by the Brisbane City Council under the Skin Penetration and Medical Health Acts. Off-campus students can participate in optional block training sessions, accessing the campus clinic to practice their skills.

Accreditation and Recognition
The AIAS Natural Medicine Faculty provides you with nationally recognised world-class natural medicine courses that are endorsed as part of the HLT07 Health Training Package.
These are developed in conjunction with the industry and endorsed by the National Skills Standards Council, so graduates can be sure they have the skills and knowledge needed to enter this exciting field.
Graduates of the AIAS natural medicine courses may be eligible to apply for membership with one or more of the industry’s professional associations.

aias.edu.au/naturalmed
The Faculty of Natural Medicine

Certificate IV in Aromatherapy
Campus: Brisbane, Melbourne or Online
Duration: 36 weeks (Full-time or equivalent part-time)

With a focus on aromatherapy-based relaxation massage, this course provides the broad range of knowledge and practical skills required to be an aromatherapist.

The course provides an opportunity for students to develop basic anatomy and physiology knowledge. The knowledge and practical experience obtained in all subjects studied in this course will provide the student with the necessary skills in assessing their client’s needs, so they can competently plan and implement an appropriate series of treatments.

Where will it take me?: At the completion of this certificate, you will have the basic skills in aromatherapy health assessment and treatment and the skills needed to be an entry level Aromatherapist.

You may find work in a clinic, aged care facility, a health service or a spa facility giving basic aromatherapy treatments. Alternatively, graduates find work in manufacturing aromatherapy products or in the retail area of the industry.

At this level the graduate aromatherapist can formulate applications within a relaxation framework, and would be expected to have a basic knowledge of a limited range (minimum of 29) of oils, predominately using massage as a method of application.

While the Certificate IV in Aromatherapy can be used as a direct pathway to your career, it is also a stepping stone to the Diploma of Aromatherapy, which offers further specialisation.

Diploma of Aromatherapy
Campus: Brisbane, Melbourne or Online
Duration: 36 weeks (Full-time or equivalent part-time)

If you have achieved a Certificate IV in Aromatherapy and are looking to take your training to the next level, then this diploma will provide the skills and knowledge that will enable you to go into practice either independently or as part of an established team.

Aromatherapy training involves using aromatic extracts of plants for relaxation, treating ailments, healing, and health improvement. It is a prerequisite to this course to have completed the Certificate IV in Aromatherapy, and the Diploma of Aromatherapy builds on the knowledge acquired during that course. The Diploma of Aromatherapy includes learning modules in the use of aromatherapy in specific and rare conditions.

Where will it take me?: The Diploma in Aromatherapy provides competence in aromatherapy practice. Graduates from this course may be self-employed as independent practitioners or may work within a larger health service.

Occupational titles for these workers may include aromatherapist or clinical aromatherapist.

The course covers the provision of aromatherapy treatment to clients with specific needs such as palliative care, aged care and women and children.

Aromatherapists at this level are expected to have an in-depth understanding of a medium range (minimum of 40) of essential oils.

The Diploma of Aromatherapy provides employment and a career as an outcome, however, it can also be used to gain entry to higher education.

Advanced Diploma of Western Herbal Medicine
Campus: Brisbane, Melbourne or Online
Duration: 72 weeks (Full-time or equivalent part-time)

Herbal medicine is an established specialisation of naturopathic medicine. A Western Herbal Medicine course will teach you how remedies can be sourced from plant extracts to help with the prevention and treatment of illnesses, and to improve general well-being.

Anatomy and Physiology, Practice Administration, Business Management, Naturopathic Philosophy, Mineral Therapy, Iridology, Clinical Medicine and Counselling Psychology are just some of the subjects covered as part of this nationally recognised program.

The subject content will mean that upon graduation you are fully equipped to provide future clients with expert guidance in herbal medicine and prescribe appropriate courses of treatment.

Where will it take me?: This qualification provides competence in the skills needed for professional practice. Individuals at this level are self-employed as independent practitioners.

Graduates of the Advanced Diploma of Western Herbal Medicine generally work as Herbalists, Herbal Medicine Practitioners or Botanical Medicine Practitioners.

The Advanced Diploma of Western Herbal Medicine can also be used to gain entry to higher education.

Advanced Diploma of Nutritional Medicine
Campus: Brisbane, Melbourne or Online
Duration: 72 weeks (Full-time or equivalent part-time)

Nutritional medicine is one of the cornerstones of holistic medicine, and nutritional medicine principles teach how food and individual nutrients for medicinal and therapeutic effects are used – to maintain health, prevent disease and treat illness.

Nutrition, Naturopathic Philosophy, Iridology and Mineral Therapy are just a few of the exciting subjects covered as part of this nationally recognised program in nutritional medicine. Specialist subjects studied include training in Counselling Psychology, Anatomy and Physiology, Biochemistry, Clinical Medicine and Counselling Psychology.

You will also be able to choose to study specialised areas, such as Massage Therapy and Homoeopathy, as electives. In this way your Advanced Diploma of Nutritional Medicine will be personalised to suit your areas of interests and your professional strengths.

Where will it take me?: Graduates of this Advanced Diploma will have a thorough education in nutritional medicine. You will be well equipped to begin your career as a self-employed nutritional medicine practitioner, nutritionist or manage a private practice.

You will also have exciting career opportunities in education, community health services, social welfare, retail, manufacturing and health retreats.

Graduates of the Advanced Diploma of Nutritional Medicine often take roles as Nutritional Medicine Practitioners and Nutritional Therapists.

The Diploma of Aromatherapy provides employment and a career as an outcome, however, it can also be used to gain entry to higher education.

Advanced Diploma of Naturopathy
Campus: Brisbane, Melbourne or Online
Duration: 72 weeks (Full-time or equivalent part-time)

Naturopathy is a popular treatment in Australia – it’s a holistic approach that utilises various modalities such as nutrition, herbal medicine, mineral therapy, vibrational energy, hydrotherapy and massage or homoeopathy to stimulate the body’s capacity to heal itself.

Choosing to study the Advanced Diploma of Naturopathy enables you to practice as a fully qualified Naturopath. This high-level vocational course is perfect for anyone wishing to enter the naturopathy profession.

This is a fully nationally recognised program in Naturopathy – courses and specialist subjects include tuition and practical sessions across a range of areas including: Naturopathic Philosophy, Practice Administration and Business Management, Nutritional Medicine and Physical Health, with Homoeopathy Treatment and Massage for elective streams.

Where will it take me?: You will be able to practice as a Naturopath and graduates are often self-employed as independent practitioners.

Career opportunities exist as Naturopaths and Naturopathic Practitioners. This qualification can also be used as a pathway to higher education.

Other courses in Natural Medicine
If you are interested in more information or enrolling in the following courses please contact the Student Enrolment Advice Team on 1300 880 933.

- Advanced Diploma of Homoeopathy
- Advanced Diploma of Acupuncture

About AIAS
Whether you intend to study for interest, or to begin a new career in the health or well-being industries, the AIAS has a course that will suit you. The AIAS provides world-class quality education to students, at an affordable, competitive price.

The AIAS is known internationally for its high standards, safe practices and professionalism.

Our courses are developed through consultation with professional industry associations, and are constantly updated to meet the needs of students and industry.

How do I fund my studies
Australian students can study now and pay later on a range of eligible courses through the government’s VET FEE-HELP Scheme.

For non-eligible VET-FEE Help courses, AIAS offer a range of flexible payment plan options.

Find out more
1300 880 933 | aias.edu.au/naturalmed